

CONDITIONING WORKHOUSE SCHEDULE

Sunday Schedules	1/24 to 3/31
8:30 am - 9:30 am	Tball
9:30 am - 11 am	Minors 9-10
11 am - 12:30 pm	Clinic 7-8
12:30 pm - 2 pm	U22
2 pm - 3:00 pm	U19
3:00 pm - 4:30 pm	Majors 11-12
4:30 pm - 6:00 pm	Ponys 13-15

T-ball

7-8 Justin Lebrun 410-961-1555

9-10 Tom Holcomb 443-404-0603

11-12 Troy Bowings 443-677-3267

13-15

Softball Tim Kerns 443-756-5251

Over 15 Brian Brown 443-740-4965